

Newsletter

February 2011

Dinner and discussion

Saturday 2 April

6.00 pm

Topic: The film that changed my life...

Facilitated by Sue

Mervyn Fletcher Hall, 81 Dalhousie Street Haberfield.

The entrance is on Dixon St around the side of the building.

BYO food to share and your own drinks.

Entry fee: \$10 fully waged, \$5 concession.

Parking: Unrestricted in Dixon Street just off Dalhousie Street after 6pm and there's a car park in Dalhousie Street.

City buses - 436 and 438 - run frequently and set down on the corner of Ramsey Rd and Dalhousie St. It takes less than half an hour from Central and then a 2 minute walk from the bus stop to Mervyn Fletcher Hall.

Sydney International Women's Day (IWD)

Equal Pay: Big Changes not Small Change

IWD March and Rally at Sydney Town Hall followed by a festival at First Fleet Park.

Saturday 12 March, 2011 at 12pm

Meet under the 10/40 banner 'Feminist and ^{over}Forty'.

This year marks the 100th anniversary of this international march for women's rights, so let's make it one to remember!

Dykes for Dinner

Thursday 10 March 2011

6.30pm

**The Sultans Table
179 Enmore Road, Enmore**

Only the first 16 to book can be accommodated as this restaurant can't cope with any more.

BYO

RSVP by Sunday 6 March via email to

contact@olderdykes.org

Thursday 14 April 2011

6.30pm

**Daytao Thai
207-211 Lyons Road
Drummoyne**

BYO

RSVP by by Sunday 10 April via email to

contact@olderdykes.org

*Like to recommend a restaurant?
Email contact@olderdykes.org
with your suggestions.*

TenForty
Matrix
www.olderdykes.org

About

Ten Forty Matrix

Ten Forty Matrix is an informal group of lesbians over forty, many of whom have been socially and politically active in Sydney since 1987.

We enjoy discussion and debate on the issues we face in work, life and at home, and hold regular fun events to keep us in touch with the lighter side of life.

Ten years ago we established the website

www.olderdykes.org to encourage national and international connections between older lesbians.

Ten Forty Matrix is not an organisation you have to join, but if you want to receive regular information about our activities and our bi-monthly newsletter, you need to take out a newsletter subscription.

Newsletter subscription

The annual subscription for a hard copy of our bi-monthly newsletter is \$10 payable in January each year.

Subscriptions can be paid at Ten Forty Dinner and Discussion evenings.

To receive a free emailed newsletter, please email contact@olderdykes.org.

To receive a hard copy please email contact@olderdykes.org.



Report:

What do you want Ten Forty to look like in 2011?

We had our first meeting for the year on Saturday 5 February in the midst of 40 degree temperatures.

There were 11 of us present and as the Centre manager was also there we had a chance to ask lots of questions about the changes planned in the billing system for the Centre.

By the end of the night we had the following outcomes:

- Bronwyn undertook to do the year's timetable which has been circulated through Contact asking for offers for women to facilitate any of the discussions/social activities and suggestions for other social activities.
- Marian undertook to write a letter to the Summer Hill Community Centre Association about the proposed billing changes which will be very difficult

for us. (It has to do with paying public liability as an association or whether we can be accepted under the Summer Hill Community Centre public liability).

- We have plans for quite a few of the year's activities. Is any one willing to coordinate the year's activities.
- Esther is still in charge of the money (and very well she does it too) but would be happy to hand the job over as she is undergoing more knee surgery.
- The Ten Forty banner and photographs will now be stored with Wendy and old newsletters will be forwarded to the State Library to join those from 1999, which they already have.

Jan

Feminist Bookshop

For Sale

Libby and Gail have decided it is time to retire. They would like The Feminist Bookshop to continue with its important work, as there is still potential for growth, especially if new owners can take the bookshop on-line.

As a small independent bookshop its survival for 36 years has been a great achievement, and this has happened through hard work, dedication, and the

support of many loyal customers.

If you are looking for a new career with top quality job satisfaction, and are interested in buying an iconic bookshop, please contact us as soon as possible.

Email feministbookshop@iprimus.com.au

Easter Gathering

For lesbians over 40 who like to have fun. The Easter gathering from Thursday 21 April to Monday 25 April will be at Lake Macquarie.

The cost is \$340 concession and \$400 full wage.

There are limited numbers and registrations are filling fast. For further information email:

contact@olderdykes.org

A woman's place is in the house ... of Parliament

Presented by the Women's Electoral Lobby (NSW) Inc – your chance to hear and speak to your parliamentary representatives.

NSW State Parliament Theatrette

**Macquarie Street, Sydney
Thursday 3 March 2011
6pm for 6.30pm start**

Panel discussion followed by supper and networking

Jodi McKay - Minister for Women, Minister for Tourism, Minister for the Hunter, Minister for Science & Medical Research

Pru Goward - Shadow Minister for Women, Shadow Minister for Community Services

Cate Faerhmann Greens spokesperson for Women
Seats are limited - bookings essential

Email:

kathleen@welnsw.org.au

phone 8086 2858 or online www.welnsw.org.au

Research & Information

Lesbians and Mental Health

Heidi Jansen is currently completing her Clinical Psychology Masters at Bond University. As part of her Masters she is undertaking a research project on the mental health and wellbeing of Australian lesbians.

The survey takes approximately 15 minutes to complete at www.surveymonkey.com/s/Mental_Health_in_Lesbian_Women

Heidi's email address is Heidi.Jansen@student.bond.edu.au, and her contact number is 0420 8080 75.

Queensland Stories

Heather Faulkner is currently working on a documentary research project about lesbians who lived in Queensland during the mid-to-late 20th century. She's looking for women who were involved as lesbians during that time (preferably still living in Qld), for video interview, photography and audio interviews.

For more information contact Heather Faulkner 0404 637 367 or email qldstories@gmail.com

Face Book: Qld Stories

QCA Griffith University

http://heatherfaulkner.com.au/qldstories/?page_id=2

Osteoporosis medication and bone necrosis of the jaw

If anyone is taking bisphosphonates like Fosomax (alendronate) for the treatment of osteoporosis, you may be at risk of damage to your jaw. For more information go to: www.medicalnewstoday.com/articles/134381.php

DocLIST

DocLIST is an online list of doctors recommended by lesbian and bisexual women, set up and administered by ALMA (Australian Lesbian Medical Association). The project was initiated in response to a clear need from the community. To be listed, doctors must either be recommended by a lesbian or bisexual woman patient, OR be a member of ALMA (members of ALMA are lesbian doctors).

End of Year Party

Margot once again generously opened her lovely home for yet another fabulous end-of-year/summer solstice party on 18 December. It doesn't get much better than spending a summer evening partying with a group of older lesbians out to enjoy themselves.

Thank you, Margot.



The aim of the project is to improve access to sensitive healthcare for lesbian and bisexual women in Australia.

DocLIST was piloted in Victoria, where we now have 24 GPs, 13 specialists and 1 dentist on the list. On 24 October 2010 we launched the national DocLIST.

Recommendations can be made through the website www.doclist.com.au

You are invited to an exhibition of photographs by Philippa Bolton, Digby Duncan, Diann Payne, and Maralyn Rush.

TAP Gallery
45 Burton St, Darlinghurst NSW (near cnr Burton and Palmer).
22 - 27 February 12 - 6pm.
You can read about it in the Mardi Gras Programme.

Private Passions



Cancer Council NSW Workshop Working Beyond Cancer

Have you recently finished your cancer treatment and plan to return to work? Perhaps you are caring for someone with cancer and still trying to work and live your life? Or you simply want to understand more about cancer in the workplace.

**Saturday 26 March 2011
North Sydney
9am to 3.30 pm
Free**

Call 1300 200 558 to register (free call)

17th WOW Film Festival: World Of Women Film Festival 2011

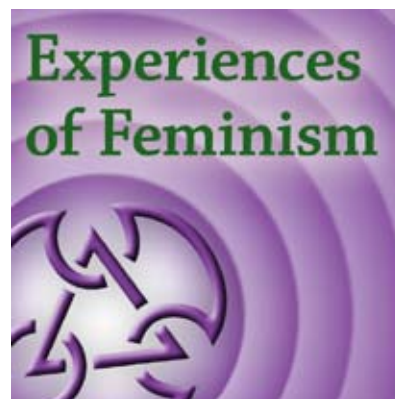
Presented by Women in Film and Television NSW (WIFT NSW)

Celebrate 100 years anniversary of International Women's Day from March 8th-10th 2011 at Dendy Opera Quays Cinema and Parliament House Theatre with an exciting, diverse showcase of contemporary short films by women filmmakers.

Ticket info http://www.wift.org/wow/WOW_ticket.htm

Olderdykes podcast

Check out our new podcast of stories recorded at Ten Forty discussion evenings in the 1990s: www.olderdykes.org/words/Podcasts/podcasts.html



Ten Forty Matrix

Who currently does what?

Bookings, liaison, and general contact: Jan

Utilities box: Sylvia and Wendy

Money Management: Esther

Website management:

Jan, Ruth, Dorothy, Rob, Spider, Diann, Fiona

Newsletter: editing and layout Ruth and Dorothy

Photocopying: Judi

Mail-out: Esther

If you would like to become involved in any of the above, or have some ideas about social events and/or topics for our bi-monthly dinner and discussion evenings, please email contact@olderdykes.org