

Newsletter

November 2008
www.olderdykes.org



**Summer Solstice Celebration for
Ten Forty women and friends**

7pm Saturday 20 December 2008
at St Peters

Bring a plate of festive food to share and a Kris
Kingle gift (something you'd like to
receive yourself - price guide around \$15)

For more details
email contact@olderdykes.org



Ten Forty Dinner and Discussion

6pm - 10 pm

Saturday 7 February

**Games night - chess and pic-
tionary included**

Summer Hill Community Centre.
BYO food to share & your own
drinks.

Entry fee for the bi-monthly
dinner and discussion is: \$15
fully waged \$10 part waged \$5
concession.

Summer Hill Community Centre
is at 131 Smith Street, Summer

Hill, near Lackey Street, which
leads from the station.

There is parking near the Centre
and the station.

By train, the Community Centre
is on the right hand side of the
station, going towards the City.

By bus, from George Street, City
catch the 413 bus to Junction
Road, Summer Hill or the 483 to
the junction of Liverpool Road
and Carlton Crescent, Summer
Hill.

About Ten Forty Matrix

Ten Forty Matrix is an informal group of lesbians over forty, many of whom have been socially and politically active in Sydney since 1987. We enjoy discussion and debate on the issues we face in work, life and at home, and hold regular fun events to keep us in touch with the lighter side of life. Five years ago we established the website www.olderdykes.org to encourage national and international connections between older lesbians.

Ten Forty Matrix is not an organisation you have to join, but if you want to receive regular information about our activities and our bi-monthly newsletter, you need to take out a newsletter subscription.

Newsletter subscription

The annual subscription for our bi-monthly newsletter is \$10 waged and \$5 unwaged.

Subscriptions can be paid at Ten Forty Dinner and Discussion evenings or by cheque to Ten Forty Matrix, 29 Florence Street, St Peters 2044.

To receive an emailed newsletter, please email contact@olderdykes.org.

To receive a hard copy please email contact@olderdykes.org.



Report Ten Forty Matrix meeting 1 November 2008

Business

Finances: we have \$3344.87 in our account.

Hire of Summer Hill is \$67.50 but is about to be increased.

Topic for discussion:

What community and support networks increase our sense of wellbeing?

We divided into three groups by numbering ourselves off around the room. This gave three very diverse groups. Each chose their reporter.

Ideas and suggestions discussed:

Holidays

Successful holidays and weekends have been organised by a few women during the past year. Examples were holidays at Lord Howe Island and in Vietnam, and weekends visiting Canberra for Floriade and the Art Galleries. Some of the best fun was going out to dinner and socialising in the evenings.

Retiring Women

Members of this group organise lots of lunches and events, eg going to the opera together. It is not just for retired lesbians, but for anyone who wants to participate.

Book Groups

Anyone can start a book group by announcing it at a 10/40 meeting or advertising it via contact@olderdykes.org. Open book groups are organised by the Women's Library and Feminist Bookshop.

Dykes for Dinner

Thursday 11 December 2008

6.30pm

Finola's (Balmain Bowling club)

156 Darling Street Balmain.
Licensed.

Choirs

Some women have formed their own choir or joined one, and have found it a great way to meet other women.

Bush walks and bike rides

Those organised by older lesbians, while requiring a degree of fitness, suit women in their 50's and 60's. To get on the Women in the Bush contact email list, email contact@olderdykes.org

Other social support networks ranged from the gym to playing bridge to the work place. Each of these have a common theme of a shared activity creating regular social contact. In a friendly group this often leads to further social contact outside the specific activity.

Some activities that some felt were not so enjoyable were a dance class that was not age appropriate and being new and no one greeting you.

There were a number of suggestions for improving meetings at 10/40.

We should consider the acoustics. Women with hearing difficulties have trouble with the echoes from hard surfaces in the room. Closing off half the room when there's a small group would fix this problem.

We could also set up the room cabaret style with small groups seated around tables - more friendly than perching in a big circle balancing plates.

Please let Janne know if you are coming - email contact@olderdykes.org by Sunday 7 December

For your diary... 2009 Ten Forty Matrix events

Saturday 7 February

Summer Hill dinner and games night

Coordinated by Silvana

Sunday 8 March

Picnic/lunch at Watson's Bay

Coordinated by Rob and Anne

Saturday 4 April

Summer Hill dinner and soiree in a cabaret setting

Coordinated by Maureen

Sunday 3 May

Picnic/lunch at the zoo

Coordinated by Rob and Anne

Saturday 13 June

Summer Hill dinner and lesbian Herstories

Coordinated by Sylvia and Barbara

Sunday 5 July

Book exchange at the Women's Library

Coordinated by Sue

Saturday 1 August

Summer Hill dinner and discussion - gender and sexuality labelling

Coordinated by Wendy

Sunday 6 September

Picnic/ lunch at the fishmarkets

Coordinated by Rob and Anne

Saturday 10 October

Summer Hill dinner and discussion - coordinator and topic needed

Sunday 1 November

Picnic at Bundeena

Coordinated by Rob and Anne

December End-of-Year party

Date and venue to be announced